



Thank you

For your engagement and participation

Over the past year the Commission has collaborated with a lived experience Steering Group to better understand consumer and carer engagement policies and practices across Australia's mental health and suicide prevention systems.

Over 1,000 people joined in the conversation "Engage and Participate in Mental Health" through online surveys, webinars, interviews, yarn ups and community conversations.

In December 2017, Craze Lateral Solutions presented their findings to the Steering Group.

The project found:

- Despite widespread support and a growing focus on engagement and participation in mental health and related sectors, genuine and consistent engagement and participation remains elusive and the voice of lived experience is not at the centre of decision making.
- A wide variety of frameworks, guidelines, models and policies have been or are being developed with a wide range of methods and strategies.
- Many groups reported being unable to engage and participate in decision making due to experiencing exclusion.

The Commission is now considering the findings, implications and next steps.

We would like to thank everyone who provided us with their ideas and insights and especially thank people with lived experience of mental ill-health, their families and support people.